

PATIENT INFORMATION

REVIVEMED PROGRAM

The ReviveMed program is an innovative, multidisciplinary approach to the treatment of diagnosed treatment-resistant depression (TRD), post-traumatic stress disorder (PTSD), and anxiety. The program blends medical and psychological interventions to help reduce or alleviate the symptoms of these conditions, and ultimately improve quality of life.

Every patient is unique, and the ReviveMed team will work with you to design a plan that will best support you to achieve your health and wellbeing goals.

ReviveMed is a three-stage program categorised under the themes of Revive, Recover, and Thrive. Across these stages, you will receive infusions in accordance with the program design, and engage with a team of medical and allied health professionals.

The Revive stage is designed to bring about symptom stabilisation. This may include addressing any physical health concerns (e.g. diabetes, low testosterone) as well as psychological symptoms (e.g. insomnia, alcohol abuse). This stage is typically up to six months long.

The Recover stage continues the use of infusions and looks to work towards return to function. This stage requires significant engagement with your psychologist to work through underlying causes of stress/distress. This stage can last from nine to 18 months.

The third stage, Thrive, is focused on return to community (whatever this means for you), and provides you with support as you exit the program and engage in your daily life. The Thrive stage highlights the opportunity not only to return to a functional level of health, but to move beyond this - to the life you want to live.

What are the potential benefits of the program?

- Improved mood and quality of life
- Reduction in negative psychological symptoms of PTSD and depression
- Reduction in suicidal ideation
- Return to healthy functioning

As you work through the three stages, we expect you to be increasingly fit to engage in activities that you were unable to engage in before ReviveMed treatment.

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